GCWC

Wrestlers Code Of Conduct

1. No wrestler is to physically or verbally abuse any coach or fellow wrestler.

2. Wrestlers must listen to and follow the directions of all coaches.

3. Wrestlers will be expected to work hard at practice or will be asked to sit.

4. Wrestlers are not to be disruptive during practice or competitions.

5. If a wrestler is disruptive during practice, a parent will be required to attend all

 practices until the wrestler can act appropriately.

6. Wrestlers will always conduct themselves in a mature and respectful manner.

7. No unsportsmanlike conduct.

8. Wrestlers will shake hands and congratulate their opponent

 and opponent coaches regardless of match outcome.

9. No vulgar or obscene gestures of any kind should ever be made by a

 wrestler.

10. No wrestler is to use abusive and/or profane language before anyone

 connected with a GCWC function (practices, tournaments, meetings, etc.).

11. Wrestlers should make every effort to attend all scheduled practices.

12. Wrestlers are not permitted in the wrestling room unless a coach is present.

13. All wrestlers are to treat all GCWC property and equipment with respect.

14. The GCWC practice facility, and any facility where competitions are held, are to

 be respected.

Violation of this code of conduct will result in disciplinary action by the Director of

Coaches, up to and including dismissal from the team.

Wrestler’s Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Wrestler’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_